

Mapledene & Queensbridge Children's Centre

Stay & Play activity timetable (September to December 2026)

54 Mapledene Road, E8 3LE

02072498139

miza.myers@mapledenecc.co.uk or pamela.phipps@mapledenecc.co.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Messy Play with Physical Literacy 9am – 11.30am 0 – 5 year olds. Let's get healthy with HENRY 1pm – 3.30pm 8 week course, starting 5 October. Crèche available. Referral only First Steps 9am – 5pm Referral only. Baby Steps 9am – 5pm 0 – 2 year olds. Referral only. 	Music and Movement with Rachel 0 – 2 year olds: 9am– 9.45am 2 – 5 year olds: 9.45am – 10.30am Outdoor play 10.30am – 11am Snack time 11am – 11.30am Baby Massage 1.30pm– 3pm For babies up to 8 months old. 5 week course, starting 15 September. Functional skills in English 1pm– 3pm	Little Cooks 9am – 11.30am For 0 – 5 year olds. Citizens Advice Bureau Every 1st Wednesday of the month. 10am– 1pm Call to book an appointment. Understanding your child's behaviour 10am – 12pm Course for parents and carers of 0– 5 year olds, starts 23 September. Crèche available. Referral only Functional skills in English 1pm –3pm. Woman's Trust 9am – 5pm Referral only.	Under 18 month drop-in with Sing & Sign 10am – 11.30am Bookstart Corner 9am – 10am For 1 – 2 year olds. Appointment only Speech & Language 9am – 5pm Referral only. 	Stay & Play with bouncy castle & soft play 9am – 11.30am For 0 – 5 year olds Bouncy castle & soft play session included 10am –10.30am Functional skills in Maths 10am – 2.30pm NIA Project 9am– 5pm Referral only.

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Contact us

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Registration

To use our services you must be a Hackney resident with a child under five years of age. You will be asked to register.

Other centres in the London Fields & Shoreditch Park neighbourhood:

Ann Tayler Children and Family Hub

020 72756020

Comet at Thomas Fairchild

07766547679

Comet Nursery School and Children's Centre

020 77499850

Minik Kardes Community Nursery & Children's Centre

020 79237226

Sebright Children's Centre

020 77491210

For a full programme of activities and services call the respective centre. Or visit:

education.hackney.gov.uk/search/childrens-centres

Feedback

Have you been to three or more sessions in the London Fields & Shoreditch Park neighbourhood?

We would love to hear your views and ideas! Please talk to a member of staff.

Our Journey Birth to 5 years

Get trusted local help and information tailored to every age and stage of your child's development from birth up to 5 years.

For more information go to:

education.hackney.gov.uk/birthtofive

Healthy Start Vitamins

We distribute **FREE vitamins** for pregnant women, new mums and children under four.

You can collect Healthy Start Vitamins **Monday–Friday, 9am–5pm**. Please call us before collection.

Childcare

We have childcare vacancies in our early years settings. Please contact us for more information.

You can also find out if you are eligible for **FREE 15 hours childcare** for 2 year olds and **FREE 30 hours childcare** for 9 months, 2, 3 & 4 year olds.

For more information go to

education.hackney.gov.uk/

Family Foundations

Every family faces challenges, and getting some extra help early can make all the difference. Our team will work with you to understand what support would be most useful for your family and help you access it.

Email parentingplus@hackney.gov.uk or talk to a member of staff for more information.

Foodbank

Are you having difficulty providing food for your family? If so, please speak to a member of staff.

Clothes swap

Bring in your unwanted clothes and swap them for items you love!

Volunteers wanted

Gain workplace experience for your job applications. Call Miza on **0207 2498139** for more information.

Peep programme

Support your 2 to 4 year old's language and communication skills in this six week course. Speak to a member of staff for more information.

Bookstart corner

Build on your 12-24 month old's early literacy skills. Speak to Mariam or Mirembe to join our Bookstart corner sessions.

Instagram

Follow us [@mapledenecc](https://www.instagram.com/mapledenecc)

