

# Mapledene & Queensbridge Children's centre

Stay & Play Activity Timetable January to April 2026

54 Mapledene Road, E8 3LE

Telephone: 02072498139 or Email

miza.myers@mapledenecc.co.uk or pamela.phipps@mapledenecc.co.uk

| Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Messy Play With Physical Literacy</b><br/>9.00 am - 11.30 am<br/>(0-5 year olds)</p> <p><b>First Steps (Referral only)</b><br/>9.00 am – 5.00 pm</p> <p><b>Baby Steps</b><br/>0 - 2 years old<br/>9.00 am – 5.00 pm</p> <p><b>Understanding Your Child's Behaviour Parenting Course for Parents of children aged 0 - 5 year olds</b><br/>(11weeks) starts 12/01/26 -23/03/26<br/>10.00am - 12.00pm<br/>(Referral only)</p> <p><b>Mini Movers in partnership with Hackney Ark Physiotherapists</b><br/>23/02/26<br/>27/04/26<br/>22/06/26<br/>26/10/26<br/>10.00am - 11.00am</p> | <p><b>Music and Movement With Rachel</b><br/>(0-2 years) from 9.00 am – 9.45 am<br/>(2 – 5 years) from 9.45 am – 10.30 am<br/><b>Outdoor play</b><br/>10.30 am – 11.00 am<br/><b>Snack time from</b><br/>11.00 am – 11.30 am</p> <p><b>First Steps (Referral only)</b><br/>9.00 am – 5.00 pm</p> <p><b>Functional Skills in English</b><br/>1.00pm - 3.00pm</p>  | <p><b>Little Cooks</b><br/>9.00 am - 11.30 am<br/>(0-5 years)</p> <p><b>Citizen Advice Bureau</b><br/>10am - 1.00pm<br/>Every 1<sup>st</sup> Wednesday<br/>By Appointment only</p> <p><b>Woman's Trust</b><br/>9.00am - 5.00pm<br/>Referral only</p> <p><b>Functional Skills in English</b><br/>1.00pm - 3.00pm</p> <p><b>PEEP Parenting Programme for parents of children aged 2 - 4 years old</b><br/>(6weeks) starts 25/02/26 -01/04/26<br/>9.30am - 10.30am</p> <p>Referral only</p> | <p><b>Under 18 months Drop-in with Sing &amp; Sign</b><br/>10.00am - 11.30 am</p> <p><b>Bookstart Corner Programme</b><br/>9.00am - 10.00am<br/>Appointment only</p> <p><b>Speech &amp; Language (Referral only)</b><br/>9.00 am – 5.00 pm</p> <p><b>African Community Schools Adult &amp; Social Care Course</b><br/>10.00am - 2.30pm</p>  | <p><b>Stay &amp; Play With Bouncy castle &amp; soft play</b><br/>9.00 am - 11.30 am<br/>*0-5 year olds</p> <p><b>Functional skills in Maths</b><br/>10.00am - 2.30pm</p> <p><b>NIA Project</b><br/>10.00am - 4.30pm<br/>Referral only</p> <p><b>Occupational Therapy drop-in</b><br/>Support and advice with self help skills, play skills and safety around the home</p> <p>23/01/26<br/>17/04/26<br/>18/09/26<br/>9.00am - 11.30am</p>  |

Children & Family Hubs Partnerships



# Mapledene & Queensbridge Children's centre

Stay & Play Activity Timetable, January to April 2026

54 Mapledene Road, E8 3LE

Telephone: 02072498139 or Email

miza.myers@mapledenecc.co.uk or pamelaphipps@mapledenecc.co.uk

## Serving Families in London Fields & Shoreditch Park

### Contact us

Ann Tayler Children and Family Hub

020 72756020

Comet at Thomas Fairchild

07766547679

Comet Nursery School and Children's Centre

020 77499850

Minik Kardes Community Nursery & Children's Centre

020 79237226

Sebright Children's Centre

020 77491210

For a full programme of activities and services call the respective centre. Or visit: [education.hackney.gov.uk/search/childrens-centres](https://education.hackney.gov.uk/search/childrens-centres)

### Healthy Start Vitamins

**FREE vitamins** for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from the centre Monday–Friday, 9am–5pm.

**Please call before coming**

### Registration

To use our services you must have a child under five years of age and be a Hackney Resident. You will be asked to register.

## Childcare

We have childcare vacancies in our early year's settings. Please contact us for more information.

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 9 months, 2, 3 & 4 year olds.

For more information go to [education.hackney.gov.uk/](https://education.hackney.gov.uk/)

## Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support on **020 72756020** extension Family support. Monday–Friday, 9am–5pm

## Our Journey Birth to 5 years

**You can access trusted local help and information tailored to every age and stage of your child's development from birth up to 5 years.**

**For more information go to [education.hackney.gov.uk/birthtofive](https://education.hackney.gov.uk/birthtofive)**

## Free 24/7 Parenting, Pregnancy and Infant Feeding Support in Hackney

Access round the clock personalised breastfeeding support with the Anya app. Download the Anya app [anya.health/download/](https://anya.health/download/)

## Foodbank

Are you having difficulty providing food for your family?

If so please speak to a member of staff

## Clothes swap

Come along to our daily clothes swap and you won't be able to stop. Bring in your unwanted clothes and swap them for items you love!

## Volunteering Programme

Volunteers are always needed. Would you like to gain experience in the workplace to help you when applying for jobs.

Please call Miza on **0207 2498139**

## PEEP Programme

Do you have a child aged 2, 3 or 4 years old? Come and speak to a member of staff to join our peep programme. The aim is to support children who would benefit from additional language support.

## Bookstart Corner

Do you have child aged 12-24 months? Come and speak to Mariam or Mireembe to join our Bookstart corner sessions to foster your child's early literacy skills.

## Evaluation

Have you attended more than three services in London fields & Shoreditch Park Neighbourhood? If you have, we would love to now your views and ideas. Please see any member of staff to book an evaluation session.

**Remember - your views do matter!**

Children & Family Hubs  
Partnerships

