

# Mapledene & Queensbridge Children's centre

Stay & Play Activity Timetable September to December 2025

54 Mapledene Road, E8 3LE

Telephone: 02072498139

Email [miza.myers@mapledenecc.co.uk](mailto:miza.myers@mapledenecc.co.uk) or [pamela.phipps@mapledenecc.co.uk](mailto:pamela.phipps@mapledenecc.co.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Messy Play With Physical Literacy</b> 9.00 am - 11.30 am 0-5 year olds</p> <p><b>First Steps</b> 9.00 am – 5.00 pm Referral only</p> 	<p><b>Music and Movement With Rachel</b> 0-2 year olds 9.00 am – 9.45 am 2 – 5 years 9.45 am – 10.30 am</p> <p><b>Outdoor play</b> 10.30 am – 11.00 am <b>Snack time from</b> 11.00 am – 11.30 am</p> <p><b>Early Bird Programme</b> 9.30am - 12.00pm Referrals only</p> <p><b>First Steps</b> 9.00 am – 5.00 pm Referral only</p>	<p><b>Little Cooks</b> 9.00 am - 11.30 am 0-5 years</p> <p><b>Citizens Advice Bureau</b> 10am - 1.00pm Every 1<sup>st</sup> Wednesday By appointment only</p> <p><b>Woman's Trust</b> 9.00am - 5.00pm Referral only</p>	<p><b>Drop-in with Sing &amp; Sign</b> 10.00am - 11.30 am Under 18 months</p> <p><b>Bookstart Corner Programme</b> 9.00am - 10.00am Appointment only</p> <p><b>Speech &amp; Language</b> 9.00 am – 5.00 pm Referral only</p>	<p><b>Stay &amp; Play With Bouncy castle &amp; soft play</b> 9.00 am - 11.30 am 0-5 year olds</p> <p><b>Functional skills in Maths</b> 10.00am - 2.30pm</p> <p><b>NIA Project</b> 9.00am - 4.30pm Referral only</p> 
<p><b>Queensbridge Nursery Session</b> 12.30pm - 3.30pm</p>	<p><b>Queensbridge Nursery Session</b> 12.30pm - 3.30pm</p>	<p><b>Queensbridge Nursery Session</b> 12.30pm - 3.30pm</p>	<p><b>Queensbridge Nursery Session</b> 12.30pm - 3.30pm</p>	<p><b>Queensbridge Nursery Session</b> 12.30pm - 3.30pm</p>
	<p><b>Functional Skills in English</b> 1.00pm - 3.00pm</p>	<p><b>Functional Skills in English</b> 1.00pm - 3.00pm</p>	<p><b>African Community Schools Adult &amp; Social Care Course</b> 10.00am - 2.30pm</p>	

# Mapledene & Queensbridge Children's centre

Stay & Play Activity Timetable September to December 2025

54 Mapledene Road, E8 3LE

Telephone: 02072498139

Email [miza.myers@mapledenecc.co.uk](mailto:miza.myers@mapledenecc.co.uk) or [pamela.phipps@mapledenecc.co.uk](mailto:pamela.phipps@mapledenecc.co.uk)

## Serving Families in London Fields & Shoreditch Park

### Contact us

Ann Tayler Children and Family Hub

020 72756020

Comet at Thomas Fairchild

07766547679

Comet Nursery School and Children's Centre

020 77499850

Minik Kardes Community Nursery & Children's Centre

020 79237226

Sebright Children's Centre

020 77491210

For a full programme of activities and services call the respective centre. Or visit:

[education.hackney.gov.uk/search/childrens-centres](https://education.hackney.gov.uk/search/childrens-centres)

### Healthy Start Vitamins

**FREE vitamins** for pregnant women, new mums and Children under four.

You can collect Healthy Start Vitamins from the centre Monday–Friday, 9am–5pm.

**Please call before coming**

### Registration

To use our services you must have a child under five years of age and be a Hackney Resident. You will be asked to register.

## Childcare

We have childcare vacancies in our early years settings. Please contact us for more information.

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 9 months, 2, 3 & 4 year olds.

For more information go to [education.hackney.gov.uk/](https://education.hackney.gov.uk/)

## Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support on **020 72756020** extension Family support. Monday–Friday, 9am–5pm

## Our Journey Birth to 5 years

Get trusted local help and information tailored to every age and stage of your child's development from birth up to 5 years.

For more information go to [education.hackney.gov.uk/birthtofive](https://education.hackney.gov.uk/birthtofive)

## Free 24/7 Parenting, Pregnancy and Infant Feeding Support in Hackney

Access round the clock personalised breastfeeding support with the Anya app. Download the Anya app [anya.health/download/](https://anya.health/download/)

## Foodbank

Are you having difficulty providing food for your family?

If so, please speak to a member of staff.

## Clothes swap

Come along to our daily clothes swap and you won't be able to stop. Bring in your unwanted clothes and swap them for items you love!

## Volunteering Programme

Volunteers are always needed. Would you like to gain experience in the workplace to help you when applying for jobs. Please call Miza on **0207 2498139**

## PEEP Programme

Do you have a child aged 2, 3 or 4 years old? Come and speak to a member of staff to join our peep programme. The aim is to support children who would benefit from additional language support.

## Bookstart Corner

Do you have child aged 12-24 months? Come and speak to Mariam or Mirembe to join our Bookstart corner sessions to foster your child's early literacy skills.

## Evaluation

Have you attended more than three services in London fields & Shoreditch Park Neighbourhood? If you have, we would love to now your views and ideas. Please see any member of staff to book an evaluation session. **Remember - your views do matter!**