



# Mapledene Children's Centre Programme of Activities April - July 2025

→ Hackney

## Monday



With Physical Literacy  
9.00 am - 11.30 am  
\*0-5 year olds

### First Steps

(Referral only)

8.00 am - 5.00 pm



for parents of children aged  
5 - 11 years old  
10.00 am - 12.00 pm  
Starts 28/04/25 - 21/07/25  
(Every Monday for 11 weeks)  
(Limited crèche available)

FREE Vitamins for pregnant women, new mothers and children up to age 4

If you are not in receipt of vitamins please speak to a member of staff.



On the 1<sup>st</sup> Monday of each month, bring fresh fruits to share with others during our Messy play session.



To use our services you must have a child under five years of age and be a Hackney Resident. You will also be asked to register.

## Tuesday



With Rachel

£1 donation for this session

\*0-2 years from

9.00 am - 9.45 am

\*2 - 5 years from

9.45 am - 10.30 am

Outdoor play

10.30 am - 11.00 am

Snack time from 11.00 am - 11.30 am

### First Steps

(Referral only)

8.00 am - 5.00 pm

**Functional Skills:  
English Level 2**

1.00 pm - 3.00 pm

### Evaluation

Have you attended more than three services in Cluster F?

If you have, we would love to know your views and ideas. Please see any member of staff to book an evaluation session.

Remember... your views do matter

## Wednesday

### LittleCooks

\*0-5 year olds

9.00 am - 11.30 am



Citizens Advice Bureau



10.00 am - 1.00 pm

(Every 1<sup>st</sup> Wednesday)

By appointment only

PEEP Working Together Programme  
3-4 year olds

**peep**

Starts 23/04/25 - 28/05/25  
(Every Wednesday for 6 weeks)  
9.30 am - 10.30 am

**Functional Skills:  
English Level 2**

1.00 pm - 3.00 pm

**Woman's Trust**

(Referral only)

9.00am - 5.00 pm

\*A £1 donation would be greatly appreciated

## Thursday

Under 18 months  
Drop-in with Sing & Sign



10.00 am - 11.30 am

**stay play**

\*For 1 & 2 year olds With  
Bookstart Corner  
1.00 pm - 3.00 pm

### Speech & Language

**NHS**

City and Hackney

(Referrals only)

9.00 am - 5.00 pm

NCFE L3 Certificate in Adult  
Social Care course



10.00 am - 2.30 pm

Volunteers are always needed



Would you like to gain experience in the workplace to help you when applying for jobs. Please call Miza

Alive and Kicking Football Library  
at Mapledene

Need a football?

Borrow one for free! We simply ask that you bring the ball back so that others can enjoy it.  
Please call to speak to a member of staff

## Friday

**stay play**

With Bouncy castle & soft play



9.00 am - 11.30 am

\*0-5 year olds

Functional skills in Maths



10.00 am - 2.30 pm

Come along on the 1<sup>st</sup> Friday of each month, to our Road safety awareness event.



**Nia Project**

(Referrals only)

10.00 am - 4.30 pm

Come along to our daily Clothes Swap and you won't be able to stop. Bring in your unwanted clothes and swap them for items



you love!

**foodbank**

Are you having difficulty providing food for your family?

If so speak to a member of staff

\*\* Last admission for  
AM session - 10.30am  
PM session - 2.00pm



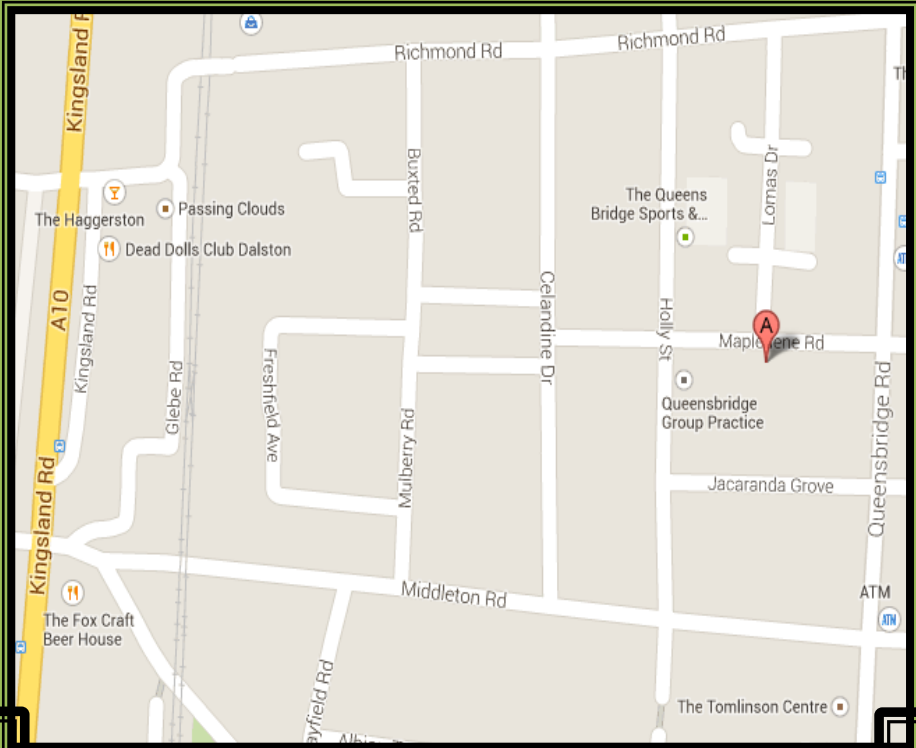
# Programme of Activities



RATED "OUTSTANDING IN ALL AREAS 2024"



**Address:**  
**54 Mapledene Road, Hackney, London, E8 3LE**  
**Serving Families in London fields & Shoreditch Park**



**Mango Room staff:**  
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**Five To Thrive**

If you or your family require any additional support or advice please contact Pamela or Miza at the Centre on 02072498139 or Email [pamela.phipps@mapledenecc.co.uk](mailto:pamela.phipps@mapledenecc.co.uk) [miza.myers@mapledenecc.co.uk](mailto:miza.myers@mapledenecc.co.uk)