



Mapledene News

September Issue
2020

Key dates for October 2020

Parent's Week Monday 5th - Friday 9th October

Black History Month Monday 26th - Friday 30th October

Halloween Friday 30th October

Visit our web page at www.mapledenechildrenscentre.co.uk

Termly News

The patter of little feet and children singing and laughing now fills the centre. WELCOME BACK!!! All rooms are settling children back into their routine. There are some children and families we have not seen since March and we are happy you are all well. Unfortunately, we are unable to fully reopen extended services just yet as we await guidance from Hackney Education. Mapledene is currently operating as close to "normal" as possible, we still cannot accept parents into the centre unless you are settling your children in on their first day. We still need to keep the lines of communication open and ask that you please pass on information about your child on drop off which may help them to enjoy their day at nursery. For example, how their evening was the night before, did they sleep well and how their morning has been. We are used to spending time with our parents face to face inside the centre and understand doing it this way is difficult for some parents. Thank you for your patience at this time.

Reminders

We kindly ask that you refrain from bringing pull-up's to be used while your child is at nursery. Start toilet training your child at home when you feel they are ready. Speak to a member of staff in your child's room who will continue to toilet train your child at nursery. Please also bring your child in pants/knickers while they are being toilet trained. The success rate of children who toilet train wearing actual underwear is far higher than children toilet training using pull-up's.

Extended Services

Mango room has now reopened we offer five sessions a week to 6 people outdoors in the block play area. You will need to book a slot beforehand. If you are interested in joining in, please call a member of staff in Mango room. Due to government guidelines you will be asked to wear a mask and your temperature will be checked on arrival to ensure we are meeting government guidelines.

Curriculum

Mapledene's children are working well to reach individual learning intentions that follow their interest. Staff support Children to access the curriculum by setting out activities that will challenge thinking, turn taking and problem solving. Each half term, planning is reviewed to monitor how the children are developing in the prime areas.

Apples & Seedlings

Apples and Seedlings children are being supported with self-awareness as they become more aware of naming body parts through action songs. They have created their own mirrors to look at themselves linked to understanding facial expressions. To support turn taking Apples and Seedlings children sing the 'hat' song to aid understanding.

Palms

Palms room children are currently working on self-help skills. Staff teach the children the 'coat trick' which helps with large motor movements. It also allows the child to become independent as they learn to dress themselves for outdoor play. Palms children are working in smaller groups to help build confidence and friendships. Smaller group work also helps build attention and supports language.

Maples

Our pre-school children have started projects based around the life cycle of a plant. They will experience the growing process and observe change. Maples children work hard as they learn to recognise and form numbers that are off significance. They form letters in their name daily as they practice holding one handed tools to make their mark. Staff provide a wide selection of activities to promote fine and large motor movements that will eventually help children to cope well at school.

Applying for a Primary School Place 2021

Your child may have only just started in Maples pre-school room. You may think you have plenty of time before you need to apply for a school place. Time moves quickly and so must you, please look through your reception class admissions 2021 guide and act NOW!

There will be a briefing meeting which you are welcome to join virtually. The date and time will be posted on telegram soon. The briefing is designed to assist you in completing the online application and advising you on what to look for when visiting schools. **We will not be able to advise you on which school to select for your child.**



Season Change

As the weather changes we ask that you make sure your children are dressed for the season. Please provide rain jackets and wellington boots for outdoor play. Can you also provide your children with spare clothes to wear at nursery. Please hand them to a member of staff on drop of or pick up who will put them in your child's blue bag in their room.

Please contact the office immediately if you have made changes to your contact details.

SEND

Children learn differently and come to us with a variety of needs. Mapledene supports children's learning by first getting to know the child's interests. Children may present as having an additional need such as speech and language. Staff work together with the child's parent/carer to focus on the best way to support the child. We work closely with outside agencies such as Hackney Ark and our area SENCO (Special Educational Needs Coordinator) for advice on how best to support the child and family. A support plan may be put into place, in some instances an EHCP (Education Health Care Plan) may be requested. If you feel your child may need additional support, please see a member of staff for advice.

Contracted Hours

Should you require any changes to the contracted days or times your child attends the centre, we must have this request in writing at the earliest possible date.

Head Lice

There has been a case of head lice reported at the centre. We ask all parents/carers to check their child's scalp for eggs. If found, please treat it before sending your child back to nursery. Please note, the entire family will need to be treated if eggs or lice are found to be present. Now that all our children are back we do expect to see childhood illnesses etc. to spread, this is completely normal. Please remember to keep your child at home if they have a high temperature, vomiting or diarrhoea. If anyone in your family are displaying signs of COVID-19 please follow the government guidelines.

Useful links

Healthy sleep routine for children <https://www.nhs.uk/live-well/sleep-and-tiredness/healthy-sleep-tips-for-children/>

Fussy eaters <https://www.nhs.uk/conditions/pregnancy-and-baby/fussy-eaters/>

Anxiety in Children <https://www.nhs.uk/conditions/stress-anxiety-depression/anxiety-in-children/>

Every mind matters <https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health>

Bereavement Support <https://www.mind.org.uk/information-support/guides-to-support-and-services/bereavement/about-bereavement/>

Managing difficult behaviours <https://healthforunder5s.co.uk/sections/toddler/managing-difficult-behaviour/>