

Daily Routine

8.30-9.00 Breakfast



9.00-10.30 Focus activity indoors/outdoors

10.00-10.30 Nappy change/toilet

10.30-10.45 Circle time/ Tidy up time

10.45 - 11.25 Free play indoor/outdoor

11.30-11.45 Wash hands for lunch



11.45-12.15 Lunch time

12.15-1.00 Sleep/rest time

1.00-1.45 Free play/brush teeth



1.45-2.00 Wake up all children/brush teeth

1.45-2.00 Tidy up time

2.00-2.15 Wash hands before fruit time



2.15-2.45 Fruit time

2.15-2.45 Small group activities

2.45-3.20 Outdoor play



3.20-3.30 Wash hands before tea time

3.30-4.00 Tea Time

4.00-4.30 Outdoor play

4.30-4.45 Garden tidy up



4.45-5.00 Story time

5.00-6.00 Physical literacy/ Home time