



# Mapledene News

November Issue 2019

## Key dates for December

Friday 6<sup>th</sup> December **Mapledene Winter Fayre 2 - 4.30pm**

Monday 16<sup>th</sup> December **Celebrating Hanukkah**

Friday 13<sup>th</sup> December **Christmas Party/Christmas Jumper**

Friday 20<sup>th</sup> December **Centre closes for Christmas 2pm**

Thursday 2<sup>nd</sup> - Friday 3<sup>rd</sup> January 2020 **Closed Inset Day**

Visit our web page at [www.mapledenechildrenscentre.co.uk](http://www.mapledenechildrenscentre.co.uk)

## Extended Services



Did you know that if you have registered at another children's centre in Hackney you can use our extended services and take full advantage of the activities on offer. Mango room is opened five days a week from 9am - 11.30am. Thursdays are targeted at the under 18 months where parents/carers will receive advice on weaning, breast feeding, pick up the cup and other issues related to child development. Staff in Mango room are qualified to give information advice and guidance, a drop in session for this runs from 10.30am - 11.30am every 2<sup>nd</sup> Thursday of each month. If you have a 'Fussy Eater' at home, please come to our work shop on Tuesday 17<sup>th</sup> December at 9.30am - 11.30am this course comes with a crèche however, spaces are limited. You can also view the programme of activities online. Visit the web page above.

## Maples



Maples children have been focusing on managing their emotions. Staff have introduced 'A Box Full of Feelings' to support them. Children use flash cards, pictures and masks to represent how they feel. Staff support this by teaching the children new vocabulary in order for them to be able to vocalise how they are feeling. Maples children have also been learning how and what they can do to make themselves feel better. They have been very active in showing support and kindness to their friend's. Parents can support their child's emotions by acknowledging and putting a name to their feelings.

## Termly News

We would like to welcome Graham Scrivener as Mapledene's new Parent's Forum Chair. We look forward to working alongside Graham in the coming months. Christmas is fast approaching...do you know anyone who can design and print Christmas cards with our children? If this is something you can help us with please let us know as soon as possible. It is getting colder outside, we ask parents to bring warm jackets etc. for your children as they spend large amounts of time learning outside.

## Apples



The transition process has started for our youngest children. Key workers support their children by accompanying them on their visit to their new room. As a class Apples and Seedlings children are supported to extend their language. Staff asks open ended questions such as 'What', 'Where' and 'How' They also play 'What's in the Bag' with staff to enhance understanding of turn taking as well as learning the names of items selected from the bag. Currently Apples and Seedlings children continue to participate in small group work with their key worker on a regular basis. This supports their interest and strengthens their knowledge and understanding.

## Palms



Palms room children have spent time in their community and visited their local church. They are also planning on singing Christmas carols to the elderly residents in Rose Court on Holy Street. We feel it is important to develop Cultural Capital amongst our children by giving them opportunities they may never get to experience. Palms children will also explore the story behind Christmas as they participate in learning about different faiths, religions and celebrations. You can help your child develop a better understanding of the world around them by exposing them to a variety of books, music, food and visiting places of interest.



Help your child recycle your household waste

## Staffing



We waved goodbye to Charlotte who left us to take up a position within the NHS. We wish her good luck.

## Reminders



Thank you for using your mobile phone in the designated area. We take safeguarding very seriously and ask all parents/carers to pause their mobile phone conversation while entering the building to drop off or pick up your children. When dropping off your children in the morning please make sure you leave them with a member of staff in the room. Each morning staff take a few minutes to collect the children's breakfast from the kitchen. If your child's room is empty on drop off, please wait with your child and hand them over to staff, please do not leave them unsupervised. Remember to also sign your children in and out of their room.

## Safeguarding

Please help us by following these safeguarding points.

- Keeping to your contracted time
- Letting us know if someone else is collecting your child from nursery
- Using your mobile phone in designated areas only
- By not leaving the front door open
- Signing your children in and out of their room

Please contact the office immediately if you have made changes to your contact details.

## A Box Full of Feelings

At Mapledene we make sure our children are supported emotionally in many different ways...



You may have noticed your children talking a lot about how they feel. You may have also noticed each room has an emotions display on the wall. This is used as a teaching tool for children to recognise and name how they are feeling. Each week a different emotion is explored. Please pay attention to the door leading to your child's room to see which emotion they are focusing on. Parents can acknowledge their child's feelings with words, writing and art. Use these to help your child understand why they are feeling happy, sad, scared etc. If you would like advice on how to manage your child's emotions feel free to speak to a member of staff.

## Volunteering

We work closely with the community, from January we welcome our parent volunteer Deniz who will work alongside us to develop links with the Turkish and Kurdish community in Hackney. If you would like to become a volunteer please contact our Community Development Officer Miza Myers. If you are out of work volunteering can help you build confidence and gain skills which may help you gain employment.

## Useful links

Online safety <https://www.thinkuknow.co.uk/parents/articles/keeping-your-under-five-safe-online/>

Early Years Foundation Stage EYFS <https://www.foundationyears.org.uk/wp-content/uploads/2012/03/Development-Matters-FINAL-PRINT-AMENDED.pdf>

Getting ready for school <https://www.oxfordowl.co.uk/for-home/starting-school/getting-ready-for-primary-school/>

Ofsted new framework <https://www.gov.uk/government/publications/early-years-inspection->