



# Mapledene News

September 2019

## Termly News

As the nights begin to draw in, we say goodbye to summer and get ready for the Autumn term. Mapledene this term welcomes 32 new families under its roof.

Mapledene has been presented with the Bronze Mayor of London award for our continuing efforts to promote a Healthy Early Years London. This has been achieved by carrying out 27 month reviews, incorporating Physical Literacy, Oral Health and Eat Better Start Better. We thank Mapledene staff for their hard work in achieving this award and promoting good practice.

## Curriculum

This term started with our overall theme of **Understanding the World** - the theme is broken down into three sub headings which will be explored throughout the year. This Autumn starts with **Seasonal Changes**, which leads into **Habitats** starting in January - March 2020 and ends with **Friends of the earth** in April - August 2020.

We encourage our youngest children to explore their emotions as they settle in and make links with their key workers and other children in **Apples & Seedlings** room. Seasonal changes can be seen as staff set out learning opportunities to promote the children's texture/sensory development. Children benefit from the aroma of wild lavender cut fresh from the learning garden which is used to help the children to relax as they start the settling in process.

Our toddler room **Palms** are working on their personal, social and emotional development as they settle into Palms routine. To assist them with this and help them to become familiar with their outdoor environment. Staff are planning to take them on a walk and talk visit in the local community. The children will collect natural materials to create collages. This in turn is designed to help Palms children form bonds with each other and support language.

Our older children in **Maples** are using 'A Box Full of Feelings' as a tool to support their emotional wellbeing. We teach our children to respect one another and

understand how their actions affect their friends. Maples class will also link up with Queensbridge Primary School for 'Forest School' Wednesday afternoon, please make sure your child has suitable outdoor clothes to keep them dry.



## New Extended Services programme

The new September - December programme of activities along with the Family Festival and Black History Week events are available to view. Please pick up a programme at reception

Dealing with your child's behavior can at times be challenging. If you would like professional advice, please attend the 'Understanding and Managing Challenging Behaviour in the Early Years Workshop'. This starts Monday 21<sup>st</sup> October from 1pm - 3pm with Crèche provided. Joanna will be running a 'Jewellery Making Workshop' for parents and children on Tuesday 22<sup>nd</sup> October from 9.30am - 11.30am. By popular demand we are running 'Save a Baby's Life' workshop for parents and carers with Crèche provided. This starts on Wednesday 23<sup>rd</sup> October from 2pm - 3pm. Book your place as spaces are limited. If your child is a fussy eater come to our 'Fussy Eating' workshop for parents/carers on Thursday 24<sup>th</sup> October from 9.30am - 11.30am. The course comes with limited Crèche availability so book now to secure your place. For more information on workshops and other services we offer please contact Mango room staff or ask at reception.

Mapledene offers the opportunity for volunteers to work in the centre in line with the Government's incentive of gaining experience and getting back to work. This may involve working with the children, working within the community (outreach) or administrative tasks. Please see Miza for further information



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## Dates to Remember

### Christmas Closure

The centre will close at 2pm on Friday 6<sup>th</sup> December for our winter fayre and again on Friday 20<sup>th</sup> December 2019 for the last day of term. There are two Inset Days on Thursday 2<sup>nd</sup> and Friday 3<sup>rd</sup> January 2020 where the centre will be closed. Children return to nursery on Monday 6<sup>th</sup> January 2020

Easter holiday We close Good Friday 10<sup>th</sup> April, Easter late Bank holiday Friday 13<sup>th</sup> April and Monday 20<sup>th</sup> April 2020 for Inset Day

Summer holiday We close the last 2 weeks of August from Monday 17<sup>th</sup> August to Wednesday 2<sup>nd</sup> September 2020 inclusive (2 inset days included) Children return Thursday 3<sup>rd</sup> September 2020

## Safeguarding

To avoid confusion, please make sure you inform us if you are arranging for someone else to collect your child.

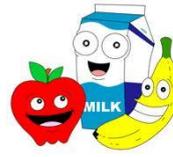
For the safety of all children, you must make sure the doors are closed behind you. Please do not assume that the person behind you will close it. We must be vigilant and sensible to ensure the safety and security of the centre. If you choose to stop and chat please do so with the door closed.



## Staffing

We know you will join us in thanking Mapledene staff for their enthusiasm, dedication and hard work in ensuring your children are settling into their new rooms. We always aim to stimulate developmental learning in a calm consistent and purposeful atmosphere, have fun and encourage a healthy attitude towards life and learning.

Goodbye & Hello We said goodbye to Nazneen and Sazna and wish them all the best for the future. We welcome our new staff members Charlotte and Krishna who are both supporting Apples & Seedlings room. We also welcome Izzy who supports Maples room.



## Catering

Kitchen - A fantastic job is performed daily by the kitchen staff led by Sylvia supported by Maxine and Christina. We thank them all for the catering at our special events and the fantastic lunches and snacks they prepare for all the children and staff.

Menus - We always aim to provide healthy and nutritional food to our children, being especially aware of the amount of sugar and salt added or contained within the food we serve. We follow the strict 'Eat Better Start Better' guidelines that are reviewed by our link nutritionist. This is to ensure the food your children eat contributes to their overall health and wellbeing.

After consulting with our parents we have made a few changes to our existing menus for example, Quorn is no longer served and children have cake and custard once a month. We are always happy to hear your views and suggestions regarding the food we offer your children.

## Forthcoming Events

We have many fantastic events coming up this term. We have scheduled the following events that we hope you can attend...

- MacMillan Coffee Morning, Friday 27<sup>th</sup> September 2019 followed by Playing Out from 1-3pm
- Parents week/Black History, 21<sup>st</sup> - 25<sup>th</sup> October
- Welcome breakfast/Parents Forum, Friday 18<sup>th</sup> October from 8.30am
- Diwali Friday 25<sup>th</sup> October
- Halloween Thursday 31<sup>st</sup> October
- Winter Fayre Friday 6<sup>th</sup> December, Centre closes at 2pm

**Remember to sign up to  
Telegram for news updates!**

