



# Mapledene's Programme of Activities

## January 2024 - April 2024

→ Hackney

### Monday



With Physical Literacy

9.00 am - 11.30 am

\*0-5 year olds

**First Steps**

(Referral only)

9.00am - 5.00 pm



Early Bird Programme

9.00 am - 1.00 pm

By Referral Only

Volunteers are always needed



Would you like to gain experience in the workplace to help you when applying for jobs. Please call Miza

Toys/Book Library

By Appointment only

9:00 am - 4:00 pm

Please call the centre before coming



On the 1<sup>st</sup> Monday of each month, bring fresh fruits to share with others during our Messy play session.



\*A £1 donation would be greatly appreciated.

### Tuesday



£1 donation for this session

\*0-2 years from

9.30 am - 10.15 am

\*2-5 years - 5 year olds from

10.15 am - 11.00 am

Snack time from

11.00am - 11.30 am

**Functional Skills English Level 2**

1.00pm - 3.00 pm

**First Year and You**

Solihull Approach Post-Natal Group for parents of babies aged 0-12 months, in collaboration with Talk Changes

1.00 pm - 3.00 pm

By Referral Only

FREE Vitamins for pregnant women, new mothers and children

up to age 4

If you are not in receipt of vitamins please speak to a member of staff.



Are you having difficulty providing food for your family? If so speak to a member of staff

### Wednesday



9.00 am - 11.30 am

\*0-5 year olds



10.00 am - 1.00 pm

(Every 1<sup>st</sup> Wednesday of each month)

By appointment only

**Bookstart Corner**



1.30 pm - 2.30 pm

For parents & their 12 - 24 months old children

Your child will receive a free book pack! By appointment only

**Functional Skills English Level 2**

1.00pm - 3.00pm

On the 2<sup>nd</sup> Wednesday of each month, come along to have a chat with our

Family support Practitioner.

9.30am - 11.00am

To use our services you must have a child under five years of age and be a Hackney Resident. You will also be asked to register.

### Thursday

Under 18 months  
Drop-in with Sing & Sign



10.00 am - 11.30 am

**Getting Ready for School**



**Early Literacy Workshops**

9.00am - 10.00am

For parents & their 3-4 year old children

**Speech & Language**



City and Hackney

(Referrals only)

9.00 am - 5.00 pm

**EYE Childcare NCFE Level 3 Course**



10.00 am - 3.00 pm

**NCFE CACHE Level 2 Certificate in**

Health & Social Care



10.00 am - 3.00 pm

(Every 3 & 4 Thursday)

**Accident & Prevention Scheme**

Get advice about keeping your Child/ren aged 0-5 year olds safe. Please call Miza to check your eligibility and receive a free assessment on your home for Safety gates, Cupboard/Draw locks, Blind cord covers and Corner Cushions. Please call

Miza



### Friday

**stay play**

With Bouncy & soft play



\*0-5 year olds

9.00 am - 11.30 am

**Functional skills in Maths**



10.00 am - 2.00 pm

Come along on the 1<sup>st</sup> Friday of each month, to our Road safety awareness event.



Come along to our daily Clothes Swap and you won't be able to stop. Bring in your unwanted clothes and swap them for items you love!



**Nia Project**

Referrals only

9.00 am - 5.00 pm

**Evaluation**

Have you attended more than three services in Cluster F? If you have, we would love to know your views and ideas. Please see any member of staff to book an evaluation session.

**Remember... your views do matter!**





# Programme of Activities

Ofsted

Hackney

RATED "OUTSTANDING IN ALL AREAS 2019"

Mango Room staff:

Mirembe Nambi -

[Mirembe.Nambi@mapledenec.co.uk](mailto:Mirembe.Nambi@mapledenec.co.uk)

Nasima Begum -

[Nasima.Begum@mapledenec.co.uk](mailto:Nasima.Begum@mapledenec.co.uk)

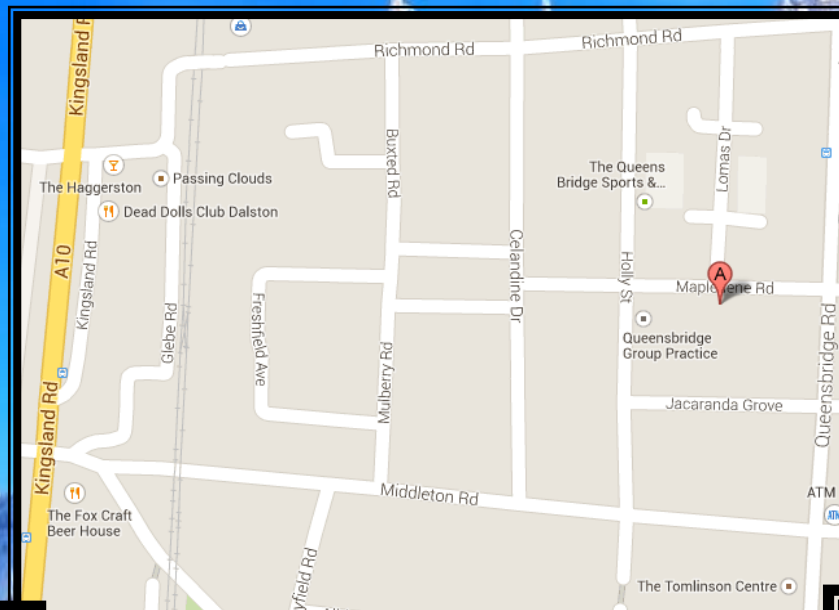


Please scan for direction to the centre

Address:

54 Mapledene Road, Hackney, London, E8 3LE

Serving Families in Cluster F & Hackney



If you or your family require any additional support or advice please contact Pamela or Miza at the Centre on

02072498139 or Email

[pamela.phipps@mapledenec.co.uk](mailto:pamela.phipps@mapledenec.co.uk)

[Miza.myers@mapledenec.co.uk](mailto:Miza.myers@mapledenec.co.uk)



Please scan for programme of activities



Five To Thrive



Working for every child: Follow us on



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@mapledenec