

Virtual Programme of Activities for Mapledene & Queensbridge Children's Centre

Monday 18th January - Friday 2nd April 2021

Monday

Songs & Story Time
Online session



10.30 am - 11.15 am
*0-5 year olds

Via Google Meets: links:
<https://meet.google.com/fxh-khko-qaj?hs=122&authuser=0>

First Steps

10 am - 4.30 pm

Referral or Telephone
Appointment Only

MUMS - TO - BE session



9.30 am - 11.00 am

From 34 weeks pregnant will receive a gift pack or sign up for one. Please call the centre and find out about children centres and other services you can access
By Appointment only

BOOK LIBRARY

9:30 am - 3:00 pm

Please call the centre before coming for book library
By Appointment only

Tuesday

Sing & Sign Online session



10.30 am - 11.15 am
*0-5 year olds

Via Google Meets: links:
<https://meet.google.com/kre-wihv-xdn?hs=122&authuser=0>



* 1.30 pm - 2.15 pm
*0-5 years olds

Via Google Meets: links:
<https://meet.google.com/jnt-jqpw-eef?hs=122&authuser=0>



9:30 am - 3:00 pm

Please call the centre before coming for toy library
By Appointment only

To use our services you must have a child under five years of age and be a Hackney Resident. You will also be asked to register.

Wednesday

Playing with numbers & letters Online session



10.30 am - 11.15 am
*0-5 year olds

Via Google Meets: links:
<https://meet.google.com/rzs-dvsu-ovs?hs=122&authuser=0>



Citizens Advice Bureau
10.30 am - 1.30 pm
(Every 1st Wednesday)

Telephone Appointment only

BOOK LIBRARY

9:30 am - 3:00 pm

Please call the centre before coming for book library
By Appointment only

FREE Vitamins for pregnant women, new mothers and children up to age 4

If you are not in receipt of vitamins please speak to a member of staff.

Thursday

Under 18 months
Online session



10.30 am - 11.15 am

Via Google Meets: links:
<https://meet.google.com/ymz-vmy-zid?hs=122&authuser=0>

Songs & Story Time
Online session



* 1.30 pm - 2.15 pm
*0-5 years olds

Via Google Meets: links:
<https://meet.google.com/mhm-jhcg-aqo?hs=122&authuser=0>

Accident Prevention



Get advice about keeping your Child/ren aged 0-5 year olds safe.

Please call Miza to check your eligibility and receive a free assessment on your home for Safety gates, Cupboard/Draw locks, Blind cord covers and Corner Cushions. Please call Miza.

Friday

Let's Get Active
Online session



10.30 am - 11.15 am

*0-5 year olds

Via Google Meets: links:
<https://meet.google.com/zno-wxfr-vaz?hs=122&authuser=0>



9:30 am - 3:00 pm

Please call the centre before coming for toy library
By Appointment only



Are you having difficulty providing food for your family? If so speak to a member of staff

By Appointment only

COVID -19 UPDATE

WE ARE TAKING ALL THE NECESSARY MEASURES TO BE COVID SECURE

Please call the centre if you need any resources for any of the activities on this programme.

Mapledene & Queensbridge Children's Centre

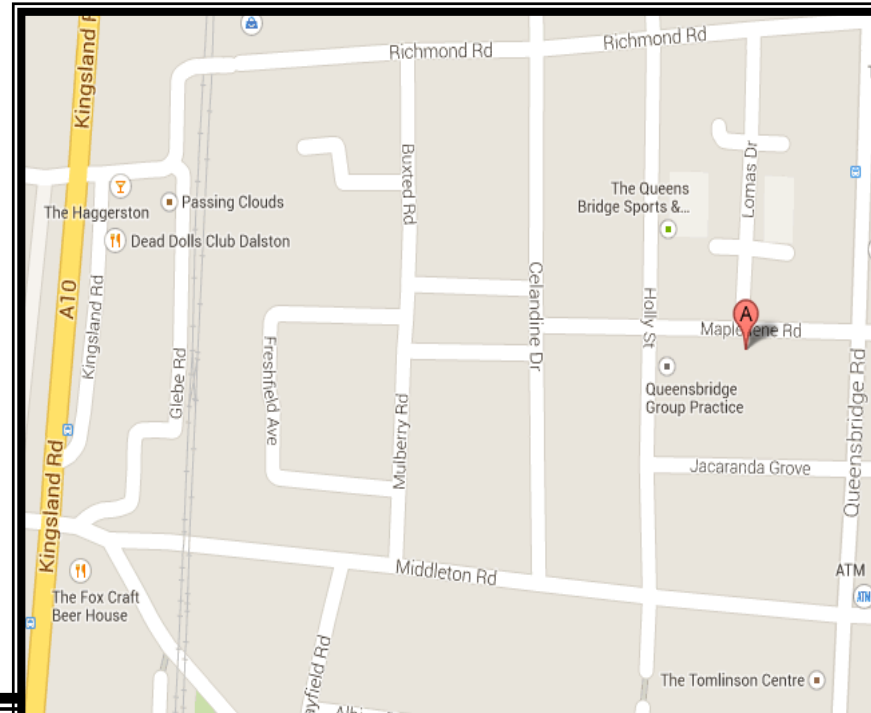
Programme of Activities



RATED "OUTSTANDING IN ALL AREAS 2019"



Address:
54 Mapledene Road, Hackney, London, E8 3LE



Mango Room Staff:

Geeta Patel -

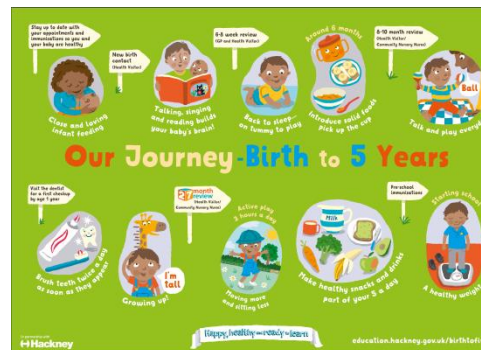
Geeta.Patel@hackney.gov.uk

Faizah Mulla -

Faizah.mulla@hackney.gov.uk

Mirembe Nambi -

Mirembe.Nambi@hackney.gov.uk



Five To Thrive

If you or your family require any additional support or advice please contact Pamela or Miza at the

Centre on

Centre on

02072498139 or Email

Pamela.dushi@hackney.gov.uk

Miza.myers@hackney.gov.uk